

What Rest Means To Me







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Genesis 1:31 – 2:3

³¹ God saw all that he had made, and it was very good. And there was evening, and there was morning—the sixth day.

Genesis 1:28 – 2:3

- **2** Thus the heavens and the earth were completed in all their vast array.
- ² By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work.

Genesis 1:28 – 2:3

³ Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

- God rested

- God rested

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What Rest Means To Me



Genesis 1:28

“God blessed them (us) and said to them, ‘Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground.’

- Work
- Work
- Work
- Work
- Work

Genesis 2:2-3:

By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. Then God BLESSED the seventh day and made it HOLY, because on it he rested from all the work of creating that he had done.



Garden City – John Mark Comer



